

Bernoulli's inequality (for integer cases)

$$(1 + x)^n \geq 1 + nx \quad (1)$$

with conditions:

(a) (1) is true $\forall n \in \mathbf{N} \cup \{0\}$ and $\forall x \in \mathbf{R}, x \geq -1$.

(b) (1) is true $\forall n \in 2\mathbf{N}$ and $\forall x \in \mathbf{R}$.

The strict inequality: $(1 + x)^n > 1 + nx \quad (2)$

is true for every integer $n \geq 2$ and every real number $x \geq -1$ with $x \neq 0$.

(The strict inequality is not discussed in the following.)

Proof 1 Use Mathematical Induction

Condition (a)

Let $P(n)$ be the proposition: $(1 + x)^n \geq 1 + nx \quad \forall n \in \mathbf{N} \cup \{0\}$ and $\forall x \in \mathbf{R}, x \geq -1$.

For $P(0)$, $(1 + x)^0 = 1 \geq 1 + 0x \quad \therefore P(0)$ is true.

Assume $P(k)$ is true for some $k \in \mathbf{Z}, k \geq 0$,

that is, $(1 + x)^k \geq 1 + kx \quad \forall k \in \mathbf{N} \cup \{0\}$ and $\forall x \in \mathbf{R}, x \geq -1. \quad (3)$

For $P(k+1)$,
$$\begin{aligned} (1 + x)^{k+1} &= (1 + x)^k (1 + x) \\ &\geq (1 + kx)(1 + x), \quad \text{by (3) and also note that since } x \geq -1, \text{ the factor } (x + 1) \geq 0. \\ &= 1 + (k + 1)x + kx^2 \\ &\geq 1 + (k + 1)x \end{aligned}$$

$\therefore P(k+1)$ is also true.

By the Principle of Mathematical Induction, $P(n)$ is true $\forall n \in \mathbf{N} \cup \{0\}$ and $\forall x \in \mathbf{R}, x \geq -1$.

Condition (b)

Let $P(n)$ be the proposition: $(1 + x)^n \geq 1 + nx \quad \forall n \in 2\mathbf{N}$ and $\forall x \in \mathbf{R}$.

For $P(0)$, $(1 + x)^0 = 1 \geq 1 + 0x \quad \therefore P(0)$ is true.

For $P(2)$, $(1 + x)^2 = 1 + 2x + x^2 \geq 1 + 2x$, since $x^2 \geq 0, \forall x \in \mathbf{R}$.

$\therefore P(2)$ is true.

Assume $P(k)$ is true for some $k \in \mathbf{Z}, k \geq 0$,

that is, $(1 + x)^k \geq 1 + kx \quad \forall k \in \mathbf{N} \cup \{0\}$ and $\forall x \in \mathbf{R}, x \geq -1. \quad (4)$

For $P(k + 2)$,

$$\begin{aligned} (1 + x)^{k+2} &= (1 + x)^k (1 + x)^2 \geq (1 + kx)(1 + 2x), \quad \text{by (4) and } P(2). \\ &= 1 + (k + 2)x + 2kx^2 \\ &\geq 1 + (k + 2)x, \quad \text{since } k > 0 \text{ and } x^2 \geq 0, \forall x \in \mathbf{R}. \end{aligned}$$

$\therefore P(k + 2)$ is also true.

By the Principle of Mathematical Induction, $P(n)$ is true $\forall n \in 2\mathbf{N}$ and $\forall x \in \mathbf{R}$.

Condition (a) is discussed only in the following.

Proof 2 Use A.M. \geq G.M.

Consider the A.M. and G.M. of n positive numbers $(1 + nx), 1, 1, \dots, 1$ [with $(n-1)$ "1"s]

$$\frac{(1 + nx) + 1 + 1 + \dots + 1}{n} \geq \sqrt[n]{(1 + nx).1.1\dots 1}$$

$$\frac{n + nx}{n} \geq \sqrt[n]{(1 + nx)}$$

$$\therefore (1 + x)^n \geq 1 + nx \quad (1)$$

Note : Numbers should be positive before applying A.M. – G.M. theorem.

In the numbers used in A.M.-G.M. above, $1 > 0$ and $1 + nx \geq 0$, i.e. $x \geq -\frac{1}{n}$.

However, if $1 + nx < 0$, since it is given that $x \geq -1$, or $x + 1 \geq 0$,

L.H.S. of (1) $= (1 + x)^n \geq 0$

R.H.S. of (1) $= 1 + nx < 0$

$\therefore (1 + x)^n \geq 0 > 1 + nx$, which is always true.

$\therefore x \geq -1$ and not $x \geq -\frac{1}{n}$ can ensure (1) is correct.

Proof 3 Use Binomial Theorem

$$(a) \text{ For } x > 0, \quad (1 + x)^n = 1 + nx + \binom{n}{2}x^2 + \binom{n}{3}x^3 + \binom{n}{4}x^4 + \dots + \binom{n}{n}x^n \geq 1 + nx \quad (5)$$

(b) For $x = 0$, obviously $(1 + x)^n \geq 1 + nx$ is true.

(c) For $-1 < x < 0$, (The proof below is not very rigorous.)

Put $y = -x$, then $0 < y < 1$,

$$(1 - y)^n = 1 - ny + \binom{n}{2}y^2 - \binom{n}{3}y^3 + \binom{n}{4}y^4 - \dots + (-1)^n \binom{n}{n}y^n \quad (6)$$

Put $y = 0$, we have:

$$\begin{aligned} 0 &= (1 - 1)^n = 1 - n + \binom{n}{2} - \binom{n}{3} + \binom{n}{4} - \dots + (-1)^n \binom{n}{n} \\ \therefore \binom{n}{2} - \binom{n}{3} + \binom{n}{4} - \dots + (-1)^n \binom{n}{n} &= n - 1 > 0 \end{aligned} \quad (7)$$

Now $0 < y < 1$, $\therefore y^2 > y^3 > \dots > y^n$

Therefore in (7), each term is multiplied by a factor that is smaller than the term before,

$$\binom{n}{2}y^2 - \binom{n}{3}y^3 + \binom{n}{4}y^4 - \dots + (-1)^n \binom{n}{n}y^n \geq 0 \quad (8)$$

From (6),

$$(1 - y)^n \geq 1 - ny \quad \text{for } 0 < y < 1.$$

$$\text{or } (1 + x)^n \geq 1 + nx \quad \text{for } -1 < x < 0.$$

Extension of Bernoulli's inequality

Given $x > -1$, then

$$(a) \quad (1+x)^r \leq 1+rx \quad \text{for } 0 < r < 1 \quad (9)$$

$$(b) \quad (1+x)^r \geq 1+rx \quad \text{for } r < 0 \text{ or } r > 1 \quad (10)$$

Firstly we give the proof that r is a rational number first.

Proof 4 Use A.M. \geq G.M.

Since $r \in \mathbf{Q}$, $r = \frac{p}{q}$

(a) Let $0 < r < 1$, $\therefore p < q$, $q-p > 0$. Also $1+x > 0$,

$$(1+x)^r = (1+x)^{p/q} = \sqrt[q]{(1+x)^p 1^{q-p}} \leq \frac{p(1+x) + 1 \cdot (q-p)}{q} \quad (\text{G.M.} \leq \text{A.M.})$$

$$= \frac{px+q}{q} = 1 + \frac{p}{q}x = 1+rx$$

(b) Let $r > 1$,

(i) If $1+rx \leq 0$, then $(1+x)^r > 0 \geq 1+rx$.

(ii) If $1+rx > 0$, $rx > -1$.

$$\text{Since } r > 1, \text{ we have } 0 < \frac{1}{r} < 1. \text{ By (a) we get: } (1+rx)^{1/r} \leq 1 + \frac{1}{r}rx = 1+x$$

$$\therefore (1+x)^r \geq 1+rx.$$

Let $r < 0$, then $-r > 0$.

Choose a natural number n sufficiently large such that $0 < -r/n < 1$ and $1 > rx/n > -1$.

$$\text{By (a), } 0 < (1+x)^{-r/n} \leq 1 + \frac{-r}{n}x > 0.$$

$$\text{Since } 1 \geq 1 - \left(\frac{r}{n}x\right)^2 = \left(1 - \frac{r}{n}x\right)\left(1 + \frac{r}{n}x\right) \Rightarrow \left(1 - \frac{r}{n}x\right)^{-1} \geq 1 + \frac{r}{n}x \quad (11)$$

Hence by (11),

$$(1+x)^r \geq \left(1 + \frac{r}{n}x\right)^n \geq 1 + n\left(\frac{r}{n}x\right) = 1+rx.$$

Again, equality holds if and only if $x = 0$.

Note : If r is irrational, we choose an infinite sequence of rational numbers r_1, r_2, r_3, \dots , such that r_n tends to r as n tends to infinity. For part (a), we can extend to irrational r :

$$(1+x)^r = \lim_{n \rightarrow \infty} (1+x)^{r_n} \leq \lim_{n \rightarrow \infty} (1+r_n x) = 1+rx.$$

Similar argument for part (b) completes the proof for the case where $r \in \mathbf{R}$.

Proof 5

Use analysis

Let $f(x) = (1+x)^r - 1 - rx$ where $x > -1$ and $r \in \mathbf{R} \setminus \{0, 1\}$ (12)

Then $f(x)$ is differentiable and its derivative is:

$$f'(x) = r(1+x)^{r-1} - r = r[(1+x)^{r-1} - 1] \quad (13)$$

from (13) we can get $f'(x) = 0 \Leftrightarrow x = 0$.

(a) If $0 < r < 1$, then $f'(x) > 0 \quad \forall x \in (-1, 0)$ and $f'(x) < 0 \quad \forall x \in (0, +\infty)$.

$\therefore x = 0$ is a **global maximum** point of f .

$\therefore f(x) < f(0) = 0$.

$\therefore (1+x)^r \leq 1 + rx$ for $0 < r < 1$.

(b) If $r < 0$ or $r > 1$, then $f'(x) < 0 \quad \forall x \in (-1, 0)$ and $f'(x) > 0 \quad \forall x \in (0, +\infty)$.

$\therefore x = 0$ is a **global minimum** point of f .

$\therefore f(x) > f(0) = 0$.

$\therefore (1+x)^r \geq 1 + rx$ for $r < 0$ or $r > 1$.

Finally, please check that the equality holds for $x = 0$ or for $r \in \{0, 1\}$. The proof is complete.